Avoiding Security Breaches in AWS

Nick Jones – AWS Meetup Copenhagen, June 2023



aws sts get-caller-identity

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- Cloud Security Consulting Lead
- AWS Community Builder
- Previously presented at:
 - fwd:cloudsec
 - AWS Community Day Nordics
 - RSA Conference, Disobey, Blue Team Con...



Real World Breach Scenarios



Breach Dataset

Rami McCarthy's Breach Dataset

- Curated dataset of AWS related security incidents
- https://github.com/ramimac/aws-customer-security-incidents

Highlights

- 45 breaches back to 2014
- 21 incident reports
- Ignores S3 buckets too many to count!

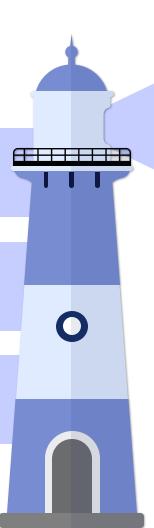


Inherently Flawed Data

Not all breaches get spotted

Providers hate talking about it

Focus on low hanging fruit





A Note on Cloud Zero Days

Cool but mostly irrelevant

- CloudVulnDB tracking >120 vulns
- One exploited in the wild, no breaches reported
- https://www.cloudvulndb.org

Expect this to change

- Israel leading the charge:
 Wiz, LightSpin, Orca
- fwd:cloudsec 2022 keynote from Wiz is a good overview



Open S3 Buckets

The perennial problem

- Biggest source of breaches for years now
- Trivial to find and exploit

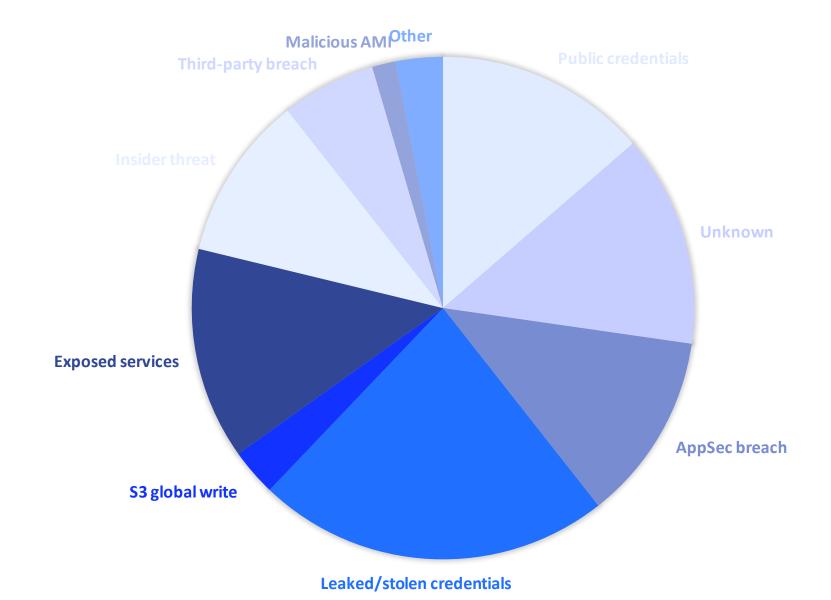
Situation is Improving

- AWS providing good options now to prevent
- Enable block public buckets everywhere!





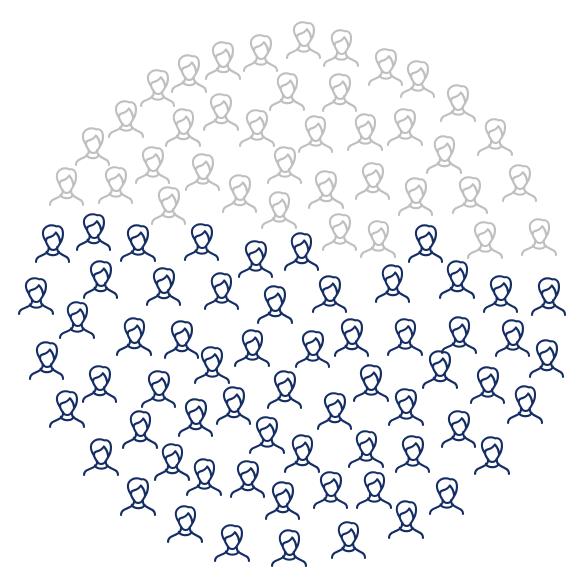
Breach Causes





44%*

Breaches involving IAM users







Summary

Attackers look for the easiest path

- Most attacks are opportunistic
- Your org is likely not a priority target
- The basics helps stop APTs too

Most people get screwed by basics:

- Public S3 buckets
- Forgotten accounts
- Leaked credentials
- Bad leaver handling
- IAM Users
- AdministratorAccess everywhere

You probably won't get breached by:

- Encryption at rest
- Not using the Nitro Enclaves etc
- Zero days
- AWS Insider threat

Other Interesting Attack Vectors



Cloud Native Phishing

Identity Platforms / SSO

- Okta, Ping, OneLogin, Auth0...
- Single point of access
- Supply chain risk too

Interesting security properties

- MFA, CAPs etc etc
- Often poor session management
- Get the session token, get access to everything



Cloud-Style Shell Popping!

instance full of sensitive data **Compromise Pop Shells Enumerate** Recon What services is the Use our access to **Credentials Foothold** client probably get shells on EC2 Access Keys in Who are we, what using? instances GitHub repository access might we have?

Objective

Root on an EC2

Exploiting Development Workflows

Source Code Management

Everyone uses GitHub or similar to develop and collaborate on their code

CI/CD

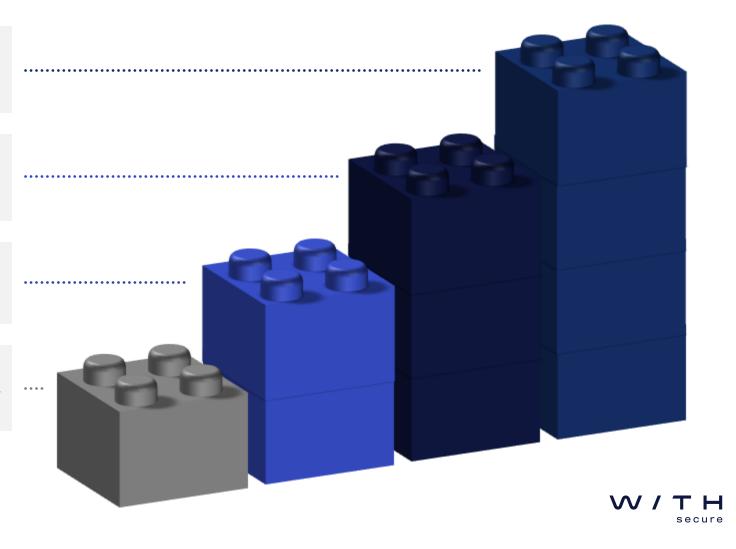
Continuous integration and continuous delivery to automate testing and deployment of cloud workloads

Dev Usability > Security

Enabling devs to move at speed often means system architectures and controls are not well hardened

Automatic IaC Deployments

IaC changes often automatically deployed after merging – can we bypass approvals process?



Attack Path 2: DevOooops

Objective

Admin access over production AWS account



Phish a Developer Steal their SSC

Steal their SSO session cookie

Access GitHub

Find some interesting IaC repositories

Malicious Pull Request

Exploit Terraform Cloud's operating model

Exfiltrate Credentials

Grab the credentials
Terraform Cloud uses to deploy



Important Controls



Strong Identity Controls

Enforce Multi-Factor Authentication (MFA) everywhere Apply principle of not-very-much privilege Eliminate long-lived credentials (IAM USERS!) Use provider-backed authentication where possible Automate credential management and rotation



Production Access Control

Reduce the Need for Human Production Access

Design systems to reduce or eliminate the need for humans to access production systems and data, by providing robust production logging capability and CI/CD that allows emergency fixes to be deployed without human intervention

Use Production Access Control

Provide a means to gain production access when necessary that provides a robust security model, an audit logging capability, and an approval workflow that ties into existing incident management processes and systems

Feed PAC logs into your SIEM

Audit logs from PAC should be monitored by security team, and activity tracked against the appropriate incident ticket

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Secrets Management

Often the key point of failure

Where do applications store their secrets?

How are credentials shared and rotated?

How do you know when secrets are leaked?

Use Secrets Manager / SSM Parameter Store!



Security Testing Done Right



"Penetration Testing" in AWS

App Assessment/Pentest

OWASP Top 10

Business logic flaws

API flaws



Cloud configuration review / "pentest"

Configuration mistakes

IAM permission review

Network layout/SG hardening etc

"Penetration Testing" Mostly Sucks

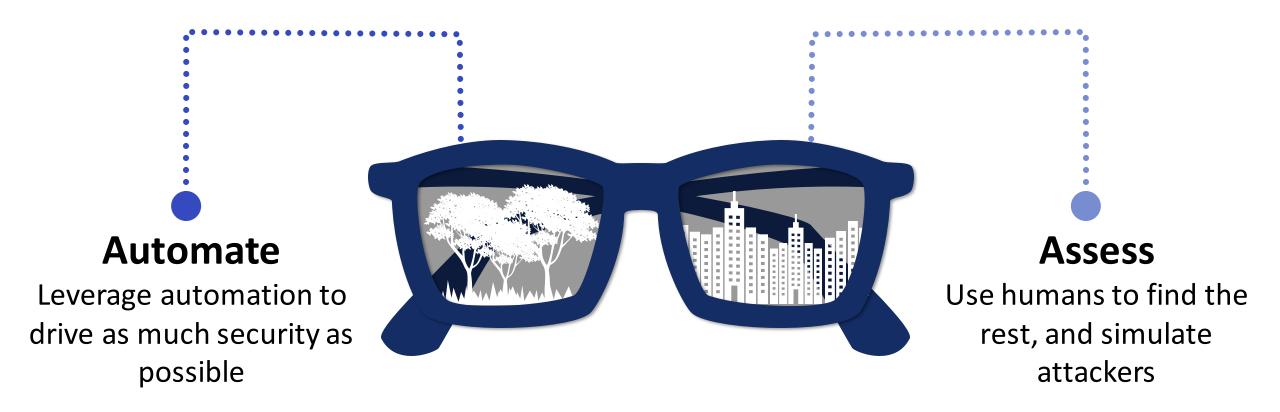
Driven by audits, not threats

Cloud engineering moves too fast

Low return on investment

Ignores critical supporting systems

What To Do Instead?





Security Automation

IaC Scanning

Scan Infrastructure as Code in pipelines

Checkov **TFLint**

Configuration

Assess resources for configuration issues

Prowler ScoutSuite



Secrets Scanning 04

Scan repositories for keys, certificates etc

TruffleHog detect-secrets

IAM 03

Identify IAM misconfigurations

Cloudsplaining **Pmapper IAMSpy**



Human-led reviews



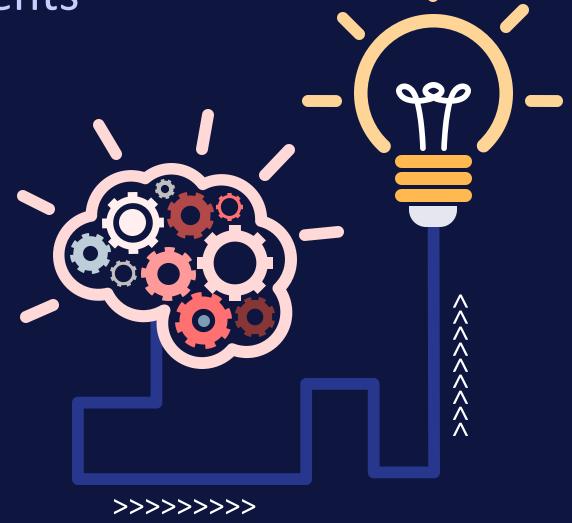
Objective-Driven Assessments

Business targets

- Steal key data/IP
- Move money
- Deploy malicious code to prod

Realistic starting points

- Leaked access keys
- Compromised dev/insider threat
- Application compromise





Don't Buy a Red Team

You likely don't need one

- All about stealth, validating detection and response
- Depth, not breadth

Red Teaming = final step

- Confirm & harden attack surface
- Build your detection & response
- Test everything collaboratively
- ... then maybe a red team!



Collaborating with Security Partners



If You're Buying Security Testing...

Make it work for you

- Fit their testing and reporting into your workflows
- Push for deep advice and long-term solutions

Find a good partner

- Do they get AWS/Cloud/DevOps?
- Can they show you novel R&D?
- Use engineers to vet providers' technical knowledge

Help Us Help You!

Access

- Give us read access to the AWS accounts
- If you're using IaC, show us that too

Work with us

- Help us understand what you've built
- Show us problems, help us design solutions
- Stay engaged and communicative with testers

Conclusions



Security of the cloud extends to include a lot of external factors



Focus on IAM (especially users!), secrets management and CI/CD



Leverage automation and be smart about how you use humans

If you want to go fast, go alone. If you want to go far, go together.

-- African Proverb



To He Recure